

Motiv8's Hampshire-wide Intensive Family Support Service

From April 2017, following the end of funding for the Transform consortium, Motiv8 will continue to support families in all boroughs of Hampshire. Motiv8 will be providing whole family support in people's homes and communities with an emphasis on empowering and enabling families to overcome challenges. Previously, Motiv8 was a consortium partner with Barnardo's, Family Lives and Step by Step, providing intensive family support to over 900 families across Hampshire, under the Supporting Families Programme.

With an experienced staff team, Motiv8's new service co-ordinates regular Team around the Family (TAF) meetings where a plan will be created and reviewed in collaboration with the family and other agencies supporting them. Motiv8 is excited to be given the opportunity to continue working with young people and their families in this way. One family said, "The experience has been life changing. Support provided has opened us up to allow us to accept help, opened up support network with school that now understands our situation." For information, contact Sarah on 01329 824684.



Hayling Lions donation keeps youth club open



A substantial donation from the [Lions Club of Hayling Island](#) has enabled Motiv8 to continue the youth provision at [Hayling Community Centre](#). Their cheque for £1,820 ensures that the Hayling Youth Club can remain open until the end of August 2017, with sessions running fortnightly.



Through listening to the young people who attend our youth clubs, activities are based on what they request: healthy eating, relationships and education.

Helping Portsmouth's heritage

Motiv8 is working in partnership with Portsmouth Museums and Active Communities Network to look at improving the relationship between young people and our local heritage. Motiv8 young people completed questionnaires designed to get them to reflect on their current understanding and views about museums and local history. Ultimately the aim is to bring more funding into the city to attract and stimulate young people's interest in Portsmouth's rich heritage. One young person said, "I really enjoyed filling out the questionnaire and there were lots of interesting questions that made me think."



Motiv8 in partnership with





A young person made this lovely bouquet using cakes she hand-decorated.

Working in partnership with Relate and Learning Links to deliver the new [U Matter](#) service, Motiv8 Portsmouth provides twice-monthly peer support groups that help young people come together, receive support and complete fun activities in local venues. U Matter is a citywide Emotional Health & Wellbeing service for young people and their families. The service, which launched in January 2017, supports young people and their families by building resilience, improving emotional wellbeing and supporting good mental health.



Working in partnership with schools and colleges across Gosport and Fareham, our STEPS Alternative Education Programmes continue to grow, offering young people the opportunity to work towards a Level 1 or 2 qualification in Learning, Employability And Progression (LEAP). Key Stages 2, 3 and 4 plus college groups meet each week at our Toronto Place venue. The programmes are all designed with set outcomes, and meeting the needs of young people age 8 to 19 is at the heart of each one. If you would like more information about our STEPS programmes, contact Kirsty on 023 9252 5026

Gosport young people win two funding bids

Motiv8 Gosport has recently been awarded an OPCC small grant to produce a music video relating to Hate Crime that can be used for educational purposes for schools, colleges and youth groups across Hampshire. The MUSIC project will be at Gosport Community Safety Day promoting the video but also interviewing members of the public on their experiences and knowledge of Hate Crime. This is the second time the MUSIC project have been asked to produce a video - the first one was the MUSIC track *Breathe* educating young people on the use of NPS (new psychoactive substances).



Motiv8 young people who attend the MUSIC project asked for more opportunities to run events in Gosport - and here it is: a Comic Relief grant to set up a social enterprise within the Gosport MUSIC project.

The application to Comic Relief was written with the young people and is for **Motiv8 Events**. The young people will support local community groups to set up events and festivals. At the end of the project they will organise their own festival. There will be sessions on how to set up a social enterprise, marketing, promotion and finance.

The MUSIC project is every Thursday 6.30pm to 8.30pm at Rowner Community Centre.

For more information, contact Kirsty on 023 9252 5026



David dropped in to Motiv8 Gosport to hand over a cheque for £1079.50 on behalf of [Gosport & Lee-on-the-Solent Lions Club](#), raised at their Chinese New Year bash.

David said of Motiv8, "What a wonderful group they are and do so much good for young people in our town. I do hope I can do more to help, in any capacity. Thank you to Kirsty and the team. Proud to know you."

I want to partner with Motiv8 to transform the lives of young people & families

Mr/Mrs/Miss/Ms/Other

Postcode

Surname

Telephone

First name

Mobile

Address

Email

please tick

YES, I would like to receive e-newsletters to keep me updated on future events & activities

please tick

YES, I would like to know more about volunteering

please tick

YES, I would like to make a donation

or go to www.motiv8south.org.uk

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life chances for young people

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