



# THE BIG **RED** CHAIR PROJECT (**NHS-LED**)

Are you street  
homeless, sofa-  
surfing or living

**in temporary housing in Gosport?**

- Are you worried about your health and wellbeing?
- Do you have a health issue that's been worrying you and which needs checking out?
- Do you have a wound or injury that needs sorting?

**We are here to help you access friendly, free and non-judgemental healthcare.**

**You don't need to be registered with a GP in Gosport, but it doesn't matter if you are registered here or elsewhere.**

## **What can we offer?**

Accessible advice and practical help with your health:

- Wound management and dressings
- Long term conditions review- Diabetes, COPD.
- Annual health checks
- Diabetes checks, advice about living with diabetes & foot checks
- Vaccinations including: Pneumonia, Covid (1<sup>st</sup> & further boosters), Flu, Hepatitis C, Tetanus
- Help with lumps and bumps
- Sexual health advice & support
- A variety of cancer screening
- Links with Inclusion, Bereavement Services & Mental Health Team
- General health promotion and well-being support

**When: Every Tuesday  
afternoon from 2:30pm -  
4:30pm**

**No need to book,  
just turn up and  
drop-in!**

## **We can also offer:**

- ✓ Hot & cold drinks
- ✓ Light refreshments
- ✓ A hot shower and washing facilities
- ✓ Helpful advice and support
- ✓ Food parcels
- ✓ Links for veterans to other services who can help
- ✓ Kit bags for rough sleepers
- ✓ Phone charging
- ✓ A listening ear...

## **To contact us:**

Are you a referring partner seeking further information?

Or would you like further information?

please contact us by e-mail on:

**Fareham&Gosport**  
**outreach@twosaints.org.uk**

# **GOSPORT'S HOMELESS HEALTH OUTREACH PROJECT**

## **Where can you find us?**

**Two Saints, 51 Forton Road, Gosport, PO12 4TD**

**When: Every Tuesday afternoon from 2:30pm -4:30pm**

**All these services are free, please drop in and see a member of the team.**

This project has been made possible with financial support and good will from many local agencies, working in partnership to reduce health inequalities in Gosport.



**GOSPORT**  
Borough Council

If you would like to contribute a service or offer resources to help benefit this project, please contact us by e-mail on: [Fareham&Gosportoutreach@two.saints.org.uk](mailto:Fareham&Gosportoutreach@two.saints.org.uk)



The  
**WILLOW  
GROUP**